



Guided Bike Tours

2021

Coquillade Provence Resort & Spa

Discovery of vines and vineyards

Enjoy the fruity smell of landscape, let yourself be transported by the mild Provencal climate and follow a route that will offer you the wealth of the Luberon.

Biking through its landscapes and vineyards, you will discover the rich terroir of Luberon. Local wines tastings in different wineries and a stop in a superb 17th century mansion will complete this day.



Starting at 08:30am: Your guide will be waiting for you at the BMC Cycling Center- Choose your bike and go! *(Departure time can be modified according to your wishes)*

You will catch the agricultural diversity through the seasons, lavender fields (in June-July), truffles, cherry trees (flowered in May), then the vineyards of Luberon and their history through the ages.

You will be biking crossing the **Aureto's vineyard**, the Coquillade Village's vineyard, then you will visit the property and the vineyard of **La Canorgue** (well known thanks to the film "*One year in Provence*"), and will enjoy a tasting of the estate's wines.

You will then discover the vineyards of the Luberon Valley (Côte du Luberon) in the **Calavon Valley**.

You will stop at **La Maison de la Truffe** and Luberon Wine: here you could taste and discover all the wines from the wine estates of the valley, with a beautiful panoramic view.

12:00am: Leave your bike and make a wine break at Aureto. Enjoy a cold meats and cheese platter in accordance with the wines of the Aureto Vineyard. (Dessert and drinks included)



From 3pm: Complete this circuit on a high note by offering you a care treatment

- Light Leg Treatment 45 min - 110€ *(In addition)*
- Relaxing Californian Massage 60 min - 130€ *(In addition)*

220€/pers

Individual person supplement 90.00 €
This rate includes bike rental, guide,
tours, lunch including drinks

Discovery of the hilltop villages & the Provençal way of life

Ride and fall under the spell of Provence and its life quality. On the way, enjoy the landscapes, the light, the people with a singsong accent and their sincerity. Provence is also rich with its heritage, its gastronomy and its savoir-faire. Leave your bike for a break, pick at the greatest Provence Chef's plates, admire the work of the local craftsmen....

We invite you to discover by bike 3 beautiful villages among the loveliest villages in France!

Bonnieux,

An exceptional panoramic view: it's the Calavon Valley, endowed with superb dry-stone shelters: the « bories ».

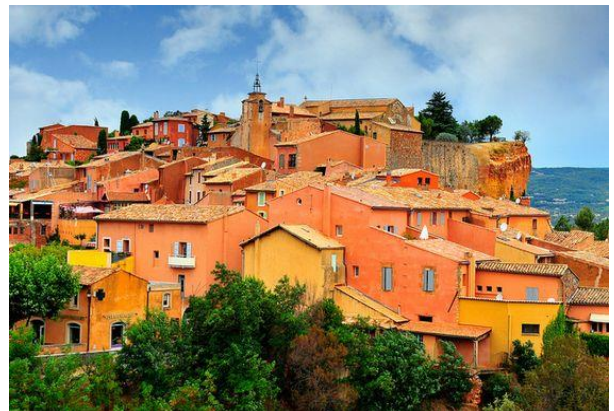
A cultural and architectural heritage with its ramparts, its twelfth century towers vestiges, and the Philippe tower, built by a dreamer who wanted to see the sea from the Luberon...

Lacoste,

Dear cycling friends, the « Basse » street welcomes you ! Pass under the medieval ramparts' old doors, walk through its narrow alleys full of stories and look at the Castle of the Marquis de Sade which has been restored by the French fashion designer Pierre Cardin.

Roussillon,

The village whose facades are coated with various ochers' shades dominates the valley on its rocky peak whose intense red ocher contrasts with the green of the vegetation.



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12:00am: Ride down your bike and have a Provençal lunch in a typical restaurant of one of the villages.

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Discovery of «les Ogres» area

The Colorado of Provence is waiting for you!

Go to an unforgettable biking tour of the Colorado Provençal: touches of ocher and lavender * (*June and July) dotted by the green of the ever present surrounding nature, this circuit will amaze you with the radiant colors and the diversity of the landscape. Land of materials matters and color palette, you travel the most renowned places of the Luberon!

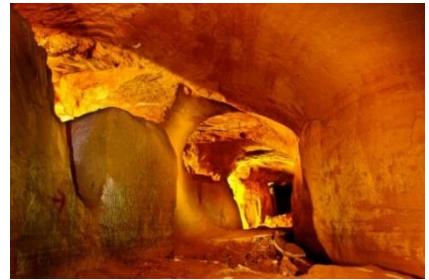
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You will ride on the « ochers » sites: you will discover the scars left by the ocher industry over the time. You will enjoy the exceptional view of the valley which stretches until the Colorado Provençal of Rustrel.

You will discover then the « Okhra Conservatoire », a former ocher production factory, and the site of « Mines de Bruoux »: there, a majestic underground journey is waiting for you! You will make a circuit through 650m of galleries up to 15m high in an underground network of more than 40km! Don't forget to take a jacket: the mean gallery temperature is 10 ° C.

12:00am: Leave your bike and enjoy your picnic.

Grant yourself a moment under the sun and the softness of the ochers country.



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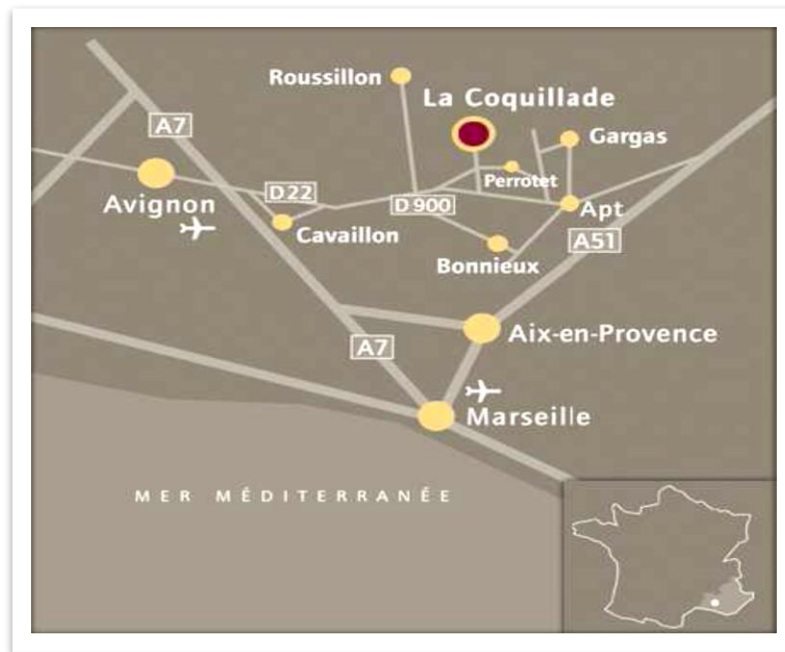
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By car

GPS: 043° 51.47.00' N 05° 17.12 00'E -



Parking Bus



By plane

Aéroport Marseille – Marignane – Provence ou Avignon – Caumont



By train

TGV Avignon (47kms) – TGV Aix (2 kms)

Contacts

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